

# AAUW Huntsville Branch Newsletter

January 2013

Volume 3, Number 6

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## President's Letter: January 2013

### Travel & Movement, Arrival and Closure



In our last newsletter, I neglected to mention that the Huntsville Branch was acknowledged for being in the top ten in the nation in giving.

This is a huge honor of which all members of the Branch can be proud. We have Branch members who are and have been generous donors for many years. They – and you – have helped us to achieve this honor.

A very big THANK YOU, whether you gave a lot or a little, to all who made this honor possible.

#### AAUW's Mission

AAUW advances equity for women and girls through advocacy, education, philanthropy, and research.

Within the state of Alabama, there is one fund that is at the national level but yet to be endowed: The Eleanor Lienau Research and Projects Grant Fund. Funds raised from the Phantom Tea go to this fund. Next time you have the impulse to send undesignated donations to the national organization, ask that they go into Ellie's fund (#4276).

Dr. Frances Roberts will be inducted posthumously into the Women's Hall of Fame at Judson College on March 7 at 10:30 AM. There will be a group driving down from Huntsville, and Ellie Lienau may be able arrange for you to have an invitation to the private reception after the ceremonies if you will let her know you're planning to attend.

Dr. Roberts was our first Branch president. I happened to be acquainted with her through UAHuntsville and know that this is going to be an amazing event.

It's in its very early planning stages, but Ready to Run™ will be offered April 13 in Birmingham. This time, it's only for potential candidates. Be sure to encourage that woman who would make a great public servant to attend.

We have some other excellent programs coming up, so please make plans to attend. With a new venue for March's *Breaking Through Barriers* luncheon, we'll need everyone's help in filling the room!

No motivational words will come to me this month, but I'll bet if you know what I mean when I mention that we have miles to go before we sleep, you'll get it...I'll see you on February 5!

**Cindi Branham, President**  
**AAUW Huntsville Branch**

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## February Meeting – *Body Work for Good Health and Posture*

Rose Norman, Program Vice President, and Dana Gideon, Program Committee Member

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AAUW's monthly meeting will be held on **Tuesday, February 5, 2013**, from **5:30-7:30 p.m.** at **[Covenant Presbyterian Church Fellowship Hall, 301 Drake Ave. SE, Huntsville, AL.](#)**



**Ashley Cain**, a Massage Therapist and posture alignment therapist with **Fast Track To Wellness**, will discuss how to get back to a healthy lifestyle by changing our daily living habits and with Essential Oils. Ashley Cain is an avid runner with her husband David, who is Head Cross Country and Track Coach at UAHuntsville and understands all too well about the aches and pains of the body.



**Melissa Johnson**, a Massage Therapist with **Serene Valley Massage Therapy**, will discuss pain management and how our muscles affect our posture. Melissa Johnson has past experience working with patients with pain while assisting in a chiropractor's office.



**De'Andra Stewart**, Doctor of Chiropractic with **SpineCare**, will discuss the benefits of chiropractic care. De'Andra received her undergraduate degree in Biology from the University of North Alabama, and her graduate DC Magna Cum Laude from the Life College of Chiropractic in Marietta, GA. She is Board Certified National Board of Chiropractic Examiners Physiotherapy and National Board of Chiropractic Examiners. She also is the official Team Chiropractor for the Huntsville Havoc, Alabama A&M Athletics, Oakwood University Men's Basketball, Bob Jones High School Football, and Alabama Hammers.

Hand-outs and literature will be available regarding digestive disorders and other health information, and a door prize will be raffled.

**Reservations are due by noon on Saturday, February 2** to **Lois Guendel** at [lois.guendel@knology.net](mailto:lois.guendel@knology.net), or phone **256-880-8643**. On the menu: Greek vegetable soup; chicken bites (optional for soup); toasted baguette slices; fruit salad with poppy seed dressing; Black Forest fudge; coffee, hot tea, iced tea, and water. **The meal will cost \$16**. Please pay with cash or personal check. Members may choose to attend the program and skip the meal.

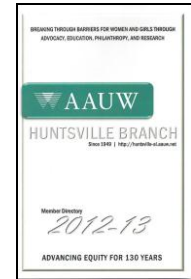
**Do you need a ride to the meetings?** If you do, please contact our Friendship Chair, Bernice Richardson, at 256-859-0894 or [bcbay@aol.com](mailto:bcbay@aol.com). It's hard for many of you to get out at night, and there are others who would welcome the company on the drive.

## Membership

Sherry Anderson, Membership Vice President

### 2012–2013 Directory Available

Copies of the Huntsville Branch 2012–2013 Member Directory are still available. Copies were distributed at the December and January meetings and will be available also at the February meeting. Branch members, please pick up yours in person if you have not done so already. Your help reduces the expense and effort required to mail them. An Addendum was also available at the January meeting, so be sure you get a copy to update your directory.



The fourth Cocktails and Convos women's networking event is now scheduled for **Thursday, February 21, 5:00–7:00 p.m.** at [Surin of Thailand, 975 Airport Road SW](#). AAUW member **Carol Joyce**, who is **Co-Chair of the 2014 Project Alabama team**, will speak at **6:15 p.m.** Her topic will be the **2014 Project Alabama - Don't Get Mad. Get Elected**, and she will explain the goals of The [2014 Project Alabama](#) and focus on the reasons women do not run and how those concerns will be addressed.

These "after work" events are a great opportunity for members and potential members to mix and mingle. Great food and drink is Dutch Treat and reasonably priced. Just show up and join us for an evening of socializing and fun, with a short presentation on a current topic. Past topics have included Pay Equity and Voting Rights.

Watch for an upcoming Evite invitation. For more information, phone 256-895-8530, or email inquiries to [aauwmember@gmail.com](mailto:aauwmember@gmail.com).

### Renew Membership

**Member dues** are **\$74**: \$49 for national, \$10 for state, and \$15 for branch. **Student affiliation** is **\$29.50**. Your dues can be paid by check made out to **AAUW** and sent to **Sherry Anderson** at **101 Steeplechurch Court, Huntsville, AL 35806-4072**. Questions? Call **256-895-8530**, or email **Sherry** at [aauwmember@gmail.com](mailto:aauwmember@gmail.com).

### Half-Price Membership

The annual **half-price membership** is now in effect from **January 1 through March 15**. **Anyone who has never been a member previously or has not been a member for the past two years and holds an associate degree or higher** can join the national and state organizations and the local branch for just \$37. **Undergraduate students who opt for an E-affiliate membership** at the national level through their eligible college or university can join the state and local branch for just **\$12.50**. This is a great opportunity to become a member at a reduced rate and to enjoy the benefits of membership through June 30. For more information, contact **Sherry Anderson, Membership VP**, at [aauwmember@gmail.com](mailto:aauwmember@gmail.com) or **256-895-8530**.

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## New Members

We have four new members who joined Huntsville Branch in January. Welcome aboard, Olivia, JoAnn, Sarah, and Heather!



**Olivia Brandon** holds a BS and an MS in Education from Alabama A&M University.



**JoAnn Perez** has a BS in Business Administration and a JD from Wayne State University in Detroit, Michigan.



**Heather Harwell** has a BA in Sociology and Women's Studies and also an MA in Public Affairs and Policy, both from UAHuntsville. **Sarah Ragan** holds a BA in Sociology and Women's Studies from the UAHuntsville, an MA in Public Affairs from UAHuntsville, and is currently pursuing a PhD in International Development from the University of Southern Mississippi.

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## Breaking Through Barriers Luncheon

Ellie Lienau, AAUW Funds Co-Vice President



The **2013 Breaking Through Barriers Luncheon** is fast approaching. It will be on **Friday, March 1**, at the [Valley Hill Country Club, 8300 Valley Hill Drive SE](#). **Registration** will start at **11:30 a.m.** and the **lunch** will start at **11:45 a.m.**

We are very pleased that our speaker is **Dr. Deborah Barnhart**. She is CEO and Executive Director of the [U.S. Space & Rocket Center](#). Her topic will be **"Building a STEM Generation."** Dr. Barnhart's career spans three decades of service in commercial industry, government, aerospace and defense. A retired Navy Captain (O-6), she was one of the first ten women assigned to duty aboard ships and commanded five units in her 26 year career.

She was Vice President of three Dow 30 aerospace, and defense companies, serving in manufacturing, business development, program and research management, and congressional lobbying for Honeywell International, McDonnell Douglas (now Boeing), and United Technologies Hamilton Sundstrand.

Dr. Barnhart, who earned her doctorate at Vanderbilt University, holds degrees from the University of Maryland, the University of Alabama Huntsville, and Massachusetts Institute of Technology where she was a Sloan Fellow MBA.

Invite your friends to join you. This is an event for the whole community! **Tickets are on sale now for \$35.00** and may be purchased from **Ellie Lienau**. Contact Ellie at 256-852-4802 or [elienau@yahoo.com](mailto:elienau@yahoo.com) to arrange payment. **Deadline for purchasing tickets is February 22.** Tickets will be available at the February meeting. Vegetarian meals are available and must be requested

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ahead of time. Checks should be made out to **AAUW Funds**. **Reservations are required**. Proceeds last year helped to send **nine students** from **Alabama A&M, Oakwood, and UAHuntsville** to the [National Conference for College Women Student Leaders \(NCCWSL\)](#). This year we hope to also include students at Drake Technical College. Whether you can attend or not, you can make a donation, which will enable AAUW to invite a student to the luncheon or add to the proceeds for sending students to NCCWSL. **The cost per student is about \$800.**

The Breaking Through Barriers Luncheon serves as our March meeting.

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## Remembering Dr. Frances C. Roberts

Ellie Lienau, AAUW Funds Co-Vice President

For many years one could not think of the American Association of University Women without thinking of Frances Roberts. She was one of the group of college graduates who founded the Huntsville Branch of AAUW on April 10, 1949, and she was elected to be the first president. From 1949 until her death, her interest in the organization did not waver. For women in our organization she was mentor, teacher, and friend. Frances' contributions have been recognized by the Huntsville Branch over the years, most notably by creating a "Named Fellowship" in her honor in 1974, the first year that such a scholarship was funded, and in 1999 with the creation of the Frances C. Roberts Endowment at the national level.



Dr. Roberts foresaw the need for a larger library in Huntsville and led AAUW in founding the Friends of the Library with a board of directors made up of members of the legislative delegation from Madison County, city and county political leaders, business and professional leaders, and representatives of the Huntsville Branch of AAUW. With Frances' leadership the branch raised more than \$5000 to support the new library.

She was involved in many aspects of the Huntsville community. Dr. Roberts was a driving force in establishing the University of Alabama in Huntsville. She established the History Department at UAHuntsville and served as its chair for a while. She was an inspiration for her students. Roberts Hall on the campus is named for her. She wrote textbooks used in history and civics classes throughout Alabama. In 1978 she received the Alabama Award of Merit.

In addition to teaching history, Dr. Roberts was very instrumental in preserving the history of Huntsville. In 1951 Frances led in organizing Huntsville's first tour of Ante Bellum Homes, including her own home on the itinerary. For more than twenty years AAUW held such tours, and Frances helped with the organizing of them all. In 1952 she was the lead writer of "Glimpses Into Antebellum Homes of Huntsville." AAUW published this booklet for many years to raise funds for scholarships for women. She was influential in the publication of each of the nine editions of this book.

On Thursday, March 7, 2013, Dr. Frances Cabaniss Roberts will be one of two women to be inducted into the Alabama Women's Hall of Fame at the Alumnae Auditorium at Judson College in Marion, Alabama. The other inductee is Zora Neale Hurston, author of *Their Eyes Were Watching God*.

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## Volunteer Opportunities – What's Out There?

Marilyn Robertson, Volunteer Coordinator

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The [North Alabama Regional Science Fair](#) will be held **March 6-8, 2013**, with project judging held on March 7. Volunteers are needed for registration workers on Wednesday afternoon, March 6, and on Thursday morning, March 7. Judges are needed for Thursday, March 7, for morning or afternoon or both. In addition, we'll need volunteers for the [Alabama State Science and Engineering Fair](#) which will be held **April 3-6, 2013**. Volunteers are needed for registration workers on April 3, and judges are needed for April 4. This is a REALLY fun thing to do—the young people are great and their projects are interesting. All AAUW members are obviously competent people, so even though you do not think you are an expert, you ARE able to judge the various projects. Sign-up sheets will be available at the February meeting. You can also contact me at 256-536-2701 or email me at [bob.robertson6@knology.net](mailto:bob.robertson6@knology.net). Join us!

## Recycling Project

The AAUW Huntsville Branch Board has voted to try a recycling project to raise money for AAUW Funds. Things such as old cell phones and used printer cartridges can be turned in for money. We need someone willing to collect the items and mail them to the company (perhaps two or three people could work together on this effort). For more information about the recycling effort go to: <http://www.recyclingfundraiser.com/>. Please contact **Marilyn Robertson** at [bob.robertson6@knology.net](mailto:bob.robertson6@knology.net) if you are interested in working on this project.

## Other Ways to Make a Difference

Help plan a program, recruit members, set up the meeting room, clean up after the meeting, offer transportation to members who do not drive at night, set up audio/visual equipment in the meeting room, shadow an officer and train for that position, coordinate volunteers for an event or for events in which the branch participates, get printed copies of the newsletter distributed to members without email and to local businesses, serve on marketing or other committees.

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## Book Review: *Grace and Grit* by Lilly Ledbetter with Lanier Scott Isom

Mardy Stevens, AAUW Leadership Corps Grassroots Liaison and Branch Member

*Ledbetter is widely known as the "face of pay equity" because of her discrimination lawsuit against Goodyear and the resulting legislation that bears her name. After suing Goodyear, Ledbetter was awarded back pay and other remedies in a jury trial; however, in 2007 the U.S. Supreme Court overturned that ruling in a 5-4 decision.*

*In direct response to the court's problematic ruling, President Barack Obama signed the Lilly Ledbetter Fair Pay Act into law in 2009, restoring the long-standing interpretation of civil rights laws and Equal Employment Opportunity Commission policies that allow employees to challenge any discriminatory paycheck they receive.*

The above information is what one reads in the media. The story is still evolving as fair pay is still not a reality in 2013. I have met Lilly in person, heard her speak, and followed the progress of the litigation. But none of it prepared me for the sadness and outrage I felt when I read *Grace and Grit*. Lilly tells her story about not only her livelihood, but her life being threatened. And the discrimination she describes – lies, sabotage, dirty tricks – took place shift after shift, day after day, week after week, month after month, year after year.

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The reader enjoys getting to know Lilly in her growing-up years and learns of the complicated relationship between Lilly and her mother and, of the family structure and expectations that taught her the values she continues to hold today. The support her husband gave her, even in his failing health, was a joy to read amidst such awful challenges.

Her tenacious hold on her work ethic and the pride she had in a job well done sometimes worked against her. I found myself cheering her on and amazed at her tenacity. Lilly is an incredible role model and heroine. You will enjoy her story.

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## January Meeting Highlights

Mary Witherspoon, Great Decisions Study Group Chair



Guests and speakers. Left to Right: Guest Rhonda Salib (wife of a Palestinian);, member and speaker Mary Witherspoon; speaker Osie Adelfang; guest Jennifer Humiston (concerned Jew); and guest Hiyam Farsoun (from Palestine).

January's program, ***Heroic Women of Israel and Palestine***, focused on Palestinians in the territories occupied by Israel and was presented by **Osie Adelfang**, a Jewish American who was born in Palestine, and Branch member **Mary Witherspoon**.

**Mary** explained the origins of the modern state of Israel at the turn of the 20<sup>th</sup> century when prominent Zionists, reacting to the persecution of Jews through the years, pushed Great Britain to found a Jewish state in the area of the Ottoman Empire occupied primarily by Palestinians. This Zionist movement grew, culminating in 1948 in the division of the land of the Palestinians into two states, one for Palestinians and a larger one for Israel. In the years since then Israel has occupied more and more of the land so that very little is left for the Palestinians.

**Osie**, who still has relatives in Israel, read from her book: **[Shifting Sands: Israeli Women Confront the Occupation](#)**, which tells the stories of Palestinians and Israelis who live in this land where all people suffer because of the illegal occupation and persecution of the Palestinians.

Osie and Mary believe that the United States and American citizens can and should play an important role in bringing about peace in this area.



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Mary would like to thank the branch for their purchase of over **\$1100** worth of crafts. This will help the artisans in Palestine plus a small part of the price goes to four agencies supported by **Pal Craftaid**—the YWCAs of Palestine, a school in East Jerusalem, a program to provide food and medicine to the indigent aged, and a school for deaf children in Gaza. Thanks also to Carol Roach, Jean Daly, and Newell Witherspoon who did a great job of handling the sale.

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## Bonus From Last Month's Meeting!!!

Many of you expressed interest in getting the recipe for last month's French Toast Casserole with Maple Syrup. Thanks to Lois Guendel, who was able to get the recipe from Walter Thames, we are able to share the recipe:

<p>French Toast Casserole with Maple Syrup 32 servings</p> <p>4 loaves French bread 32 large eggs 2 qts half-and-half 1 qt milk 1/2 cup granulated sugar 4 tsp vanilla extract 1 tsp ground cinnamon 1 tsp ground nutmeg Kosher salt 1 tsp Praline Topping, recipe below Maple syrup</p> <p>Slice French bread into slices, 1-inch thick. Arrange slices in a buttered baking dish, overlapping the slices. In a large bowl, combine the eggs, half-and-half, milk, sugar, vanilla, cinnamon, nutmeg and salt and whisk until blended. Pour over the bread slices. Cover with plastic wrap and refrigerate overnight.</p> <p>Preheat oven to 350.</p> <p>Spread praline topping evenly over the bread and bake for 40 minutes, until puffed and lightly golden. Serve with maple syrup.</p> <p>Praline topping: 2 lbs butter 4 cups packed light brown sugar 4 cups chopped pecans 1/2 cup dark corn syrup 2 tsp ground cinnamon 2 tsp ground nutmeg Combine all ingredients in a medium bowl and blend well.</p>
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## Public Policy

Are you aware that the [Equal Rights Amendment \(ERA\)](#) has not yet been passed in the state of Alabama? And did you know that legislation has been proposed to extend the ratification period? If this does not happen, the legislation will be successfully barred. Be a force in getting the **ERA** deadline extended by signing the petition. **25,000** signatures are required by **February 10, 2013**. Go to [https://petitions.whitehouse.gov/petition/vigorously-support-womens-rights-fully-engaging-efforts-ratify-1972-equal-rights-amendment-era/16XQWXpS?utm\\_source=wh.gov&utm\\_medium=shorturl&utm\\_campaign=shorturl](https://petitions.whitehouse.gov/petition/vigorously-support-womens-rights-fully-engaging-efforts-ratify-1972-equal-rights-amendment-era/16XQWXpS?utm_source=wh.gov&utm_medium=shorturl&utm_campaign=shorturl) to keep the ERA alive!

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## AAUW Dialog Online

Pass the Paycheck Fairness Act – find out the latest at <http://blog-aauw.org/>.

## Two-Minute Activist

**It's Time for VAWA!!** Go to <http://capwiz.com/aauw/issues/alert/?alertid=61860756> to find out what you can do to support the Violence Against Women Act.

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## News to Note

Ruth Jurenko, Awards Chair

### Virginia Hammill Simms Award Nominee

The Community Ballet Association has been hosting the Virginia Hammill Simms awards since 1968. This year our Branch has nominated Lorraine Mullin. Congratulations on the nomination, Lorraine!

### In Memory of Dee Mickey



With great sadness we report that long-time member of our Branch **Delores (Dee) Mickey** passed away on January 17, 2013. Dee suffered with cancer, yet until the end she was always happy and smiling. For years this active business woman was a member of our branch, serving on a variety of committees as well as serving as Branch President (1999-2001). Dee also served in a variety of areas on the Alabama AAUW Board, always working for the education and business betterment of all women and girls. In later years she served AAUW at the national level on the AAUW Education Foundation Development committee and was also elected Foundation Board member, always working for continued AAUW success. Dee will be greatly missed by family, friends, and the community. Memorials in her honor can be sent to the local "Lilies of the Valley" charity.

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## Communications – Help Wanted

Patricia Smith, Communications Chair

Graphic Artist	Member Directory Publishing
Are you a creative person looking for an outlet? The Communications Committee is seeking a graphic artist to enhance our publicity and stimulate creativity. Limited meetings required. Time commitment is negotiable. Contact Patricia Smith for details at 256-653-2608 or <a href="mailto:smithpatricia73@yahoo.com">smithpatricia73@yahoo.com</a> .	Want to know the details on all the members of Huntsville Branch AAUW? Join the Communications Committee as the Member Directory 2013-2014 creator. Instruction and format available. This is a short one month commitment in the August-September time frame. Contact Patricia Smith for details at 256-653-2608 or <a href="mailto:smithpatricia73@yahoo.com">smithpatricia73@yahoo.com</a> .

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Any member who is interested in joining the Communications Committee or just helping out from time to time can contact Patricia Smith at [smithpatricia73@yahoo.com](mailto:smithpatricia73@yahoo.com).

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## **AAUW of Alabama**

Wanda Foster, State President

The AAUW of AL executive board and board of directors met Saturday, January 26, at the Hoover Public Library in Birmingham. In an effort to reduce expenses, we did not renew our membership at the Robert Trent Jones clubhouses, where we have met previously.

Among items discussed was the upcoming Ready to Run™ training program to be held in Birmingham April 13 as part of The 2014 Project, targeting women who are already leaders in their communities. Women who are seriously considering running are being invited to the event. If you know of a woman who should participate or you are interested, contact Carol Joyce at [CarolThe2014ProjectAL@gmail.com](mailto:CarolThe2014ProjectAL@gmail.com) or Audrey Salgado at [audreyThe2014ProjectAL@gmail.com](mailto:audreyThe2014ProjectAL@gmail.com).

We also discussed the upcoming AAUW of AL 2013 state business meeting, which will be held at Judson College in Marion. Plans are being finalized now, and JoAnn Cummings, AAUW of AL Communications Director, is working on putting out a newsletter in the next couple of weeks, which will include registration information for the business meeting. The date will be finalized in the next couple of days, but is likely to be April 6. We will get the information to you as quickly as possible. The tour of the Women's Hall of Fame at Judson (where Frances Roberts will have been installed in March) will be part of Saturday's program.

We are also interested in continuing to push for constitutional reform, pay equity, and, in addition, the Equal Rights Amendment (ERA). The petition to extend ERA ratification is online at White House Petitions; 25,000 signatures are needed by February 10. We will also continue to work on building membership and promoting College/University Partnerships, concentrating on Auburn, Tuscaloosa, and Tuskegee.

Remember that the national convention is coming up June 9 – 12 in New Orleans. The deadline for best value registration is February 3: \$429 for members, \$219 for students. For more information, go to <http://convention.aauw.org/register>. On the pull-down menu at top you can see the agenda, speakers, etc. The convention is located in the middle of the French Quarter in the Sheraton Hotel. Speakers will include our own Lilly Ledbetter, Melissa Harris-Perry, and Cynthia D'Amour, and there will be even more workshops. And there will be some wonderful pre- and post-convention tours.

Finally, I want to encourage you to contribute to the Ellie Lienau Fund, under Educational Opportunity Grants on the national web site. Sign in to the Member Services Database. The current total is \$28,712.42. To complete the fund, we need to contribute \$6,287.58, to bring it to the required \$35,000. Please consider this a high priority when you give to the Educational Opportunities Fund. Ellie has served well and faithfully in many roles at both the Huntsville Branch and state levels. It's time for us to honor her.

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## **AAUW College/University Update**

Regina Hyatt, AAUW College/University Representative

### **Leadership Development for Women**



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The National Conference for Women Student Leaders (NCCWSL) is scheduled for May 30 through June 1, 2013. Workshop proposals are still being sought through February 11. NCCWSL is also seeking program reviewers. If you are interested in either submitting a workshop or serving as a reviewer, visit the NCCWSL website at [www.nccwsl.org](http://www.nccwsl.org). Local colleges and universities that sponsor students are encouraged to begin their application/selection process soon as well.

UAHuntsville is also pleased to offer an opportunity for leadership development training to college students in North Alabama via our 2013 Student Leadership Conference. Scheduled for Saturday, March 2, from 9:00 a.m. to 3:30 p.m., the LOL: Leaders on Leadership Conference is free to attend. Advanced registration is required and lunch is provided. To register, visit our online registration link at <http://www.uah.edu/student-life/leadership/student-leadership-conference>. RSVPs are due by February 22.

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## Study Groups

### Great Decisions

February is a great time to join the Great Decisions Study Group. **Bob Robertson** will discuss the first chapter of our 2013 study book, "**Future of the Euro.**" Upcoming chapters include "**Egypt,**" "**NATO,**" "**Myanmar,**" "**Humanitarian Intervention,**" "**Iran,**" "**China in Africa,**" and "**Threat Assistance.**" Visitors are always welcome at the meetings, which are held on the second Monday of each month at 7:00 p.m. at the home of **Mary Witherspoon**. Contact Mary at **256-881-6540** or [witherspoon8@comcast.net](mailto:witherspoon8@comcast.net) for information.

### Bridge Group

The Bridge Group meets **September through May** on the **third Thursday** of each month at **9:00 a.m., usually ending by noon**. Contact **Lorraine Mullin** at [lorrm@knology.net](mailto:lorrm@knology.net) or call **256-772-2549** (h) or **235-683-5530** (c) if you are interested in joining the group as a permanent player or as a substitute.

### Lunch.com

Lunch.com meets every Friday at 12:30 p.m., unless the email notice says otherwise. All members are welcome. Just respond to the weekly email so **Lorraine Mullin** can advise the restaurant how many guests to expect. Not getting the notice? Contact Lorraine at [lorrm@knology.net](mailto:lorrm@knology.net) or **256-772-2549** (h) or **235-683-5530** (c).

### February

- 1 [D & L Bistro, 7500 Memorial Parkway SW, Huntsville](#)
- 8 [Papous, 110 South Side Square, Huntsville](#)
- 15 [Home of Beth Altenkirch, 210 Williams Avenue SE, Huntsville](#)
- 22 [Hildegard's, 2357 Whitesburg Drive S, Suite C, Huntsville](#)

### March


- 1 [Breaking Through Barriers Luncheon, Valley Hill Country Club, 8300 Valley Hill Drive](#)

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- 8 [SE, Huntsville](#)
- 15 [Surie, Madison, 7840 Highway 72 W, Madison](#)
- 22 [Café Alana Shay, 6000 Memorial Parkway SW \(in Doubletree Suites\), Huntsville](#)
- 29 [Grille 29, 445 Providence Main Street NW, #110, Huntsville](#)
- 29 [Brix Wine and Tapas, 964 Airport Road SW, Huntsville](#)

## Hold the Date



### Program Year Overview

**Tuesday, February 5, 5:30 – 7:30 p.m.:** Body Work for Good Health and Posture. Nominate new officers.

**Friday, March 1, 11:30 a.m. – 1:00 p.m.:** Breaking Through Barriers Luncheon, Valley Hill Country Club

**Tuesday, April 2, 5:30 – 7:30 p.m.:** Living Wills, Etc. Vote on new officers

**Tuesday, May 7, 5:30 – 7:30 p.m.:** TOPIC OPEN. Mental Health topic suggested. Install new officers

AAUW Huntsville Branch

## Decatur Branch Shares Meeting Schedule

Jo Ann Cummings, Decatur Branch President

The Decatur Branch would welcome anyone with an interest in the topics listed below to their monthly meetings. Note that contact information is provided and reservations appreciated.

### Program Year Overview Decatur Branch

Date	Topic	Location	Contact
Feb. 21, 6:00 PM	Speaker from ACCR: Status of Changes to the Alabama Constitution	Java Jaay's Coffee Shop, 1713 6th Ave. South, Decatur	Contact: Brenda Sutherlin (256) 350-3179
Mar. 21, 6:00 PM	Tammy Eddy: Top Ten Decorating Mistakes and How to Fix Them	Tammy Eddy Antiques, 501 Bank St. NE, Decatur	Contact: Susan Graben (256)353-0194
Apr. 18, 6:00 PM	Speaker from Alabama Dept. of Public Health, Health Insurance Law Status; Elections of Officers	Java Jaay's Coffee Shop, 1713 6th Ave. South, Decatur	Contact: Jo Ann Cummings (256) 584-6567
May 16, 6:00 PM	Installation of Officers And Dinner	Limestone Bay Trading Company, 4934 Market Street, Mooresville, AL 35649	Contact: Jo Ann Cummings (256) 584-6567



**Arise Citizens' Policy Project**

American Association of University Women

<http://huntsville-al.aauw.net/>



presents a one-day conference

## **Moving Alabama Forward**

Knowledge, strategies & hope for building a more just, prosperous & healthy future  
Arise Citizens' Policy Project (334) 832-9060 [www.arisecitizens.org](http://www.arisecitizens.org)

WHO:	Community leaders, advocates, policy makers, service providers, social workers, educators, journalists, college students, people of faith
WHAT:	Workshops, panels and networking on daunting challenges and promising solutions with national and state presenters (Approval for contact hours from the Alabama Board of Nursing and Alabama Board of Social Work Examiners will be requested).
WHEN:	Friday, February 8, 2013, 9:00 a.m. – 3:30 p.m.
WHERE:	Auburn University Montgomery
HOW:	Watch for the registration brochure in early January.
WHY:	Because Alabama needs a new vision for the future of our state – Come and be a part of it!



### **The 2014 Project Alabama Update**

Carol L. Joyce, Co-Chair, The 2014 Project Alabama

Don't Get Mad. Get Elected.

The **Women's Summit on Government Leadership** held on January 18 and 19, 2013 was a success. The [2014 Project Alabama](#) introduced its goals to audiences in Auburn and Birmingham. The 2014 Project Alabama is a statewide nonpartisan effort to encourage women to run for office. Our 2014 goals are: maintain two women in the US Congress; recruit two more women to run for Congress; recruit women to win 20% of the Alabama Legislative (House and Senate) Districts and maintain the number of women in the Alabama Executive Branch. We will ask women to considered running for office and conduct a public awareness campaign regarding the benefits of women in public office. [Jean Sinzdak, director of the Program for Women Public Officials](#) at the [Center for American Women and Politics \(CAWP\)](#) at Rutgers University, shared CAWP research that supports why women should run for office and the strategy of the national 2012 Project. Senator Linda Coleman unveiled The Alabama Women's Legislative Mentoring Program designed to allow current women legislators of both parties to share their insights with potential women candidates. For more information on this program, contact **Jenna Johnson** of The 2014 Project Alabama at [jennaThe2014ProjectAL@gmail.com](mailto:jennaThe2014ProjectAL@gmail.com). **Wanda Foster, President of AAUW Alabama**, announced The **Ready to Run™** program will be held on **April 13, 2013**, in **Birmingham**.

We asked the audience to support our effort by joining our volunteer network. We received support from individuals and organizations, including many from North Alabama and AAUW. We will build on this support to reach our goals. For information, you may contact me at [CarolThe2014ProjectAL@gmail.com](mailto:CarolThe2014ProjectAL@gmail.com) or check out the website at [www.The2014ProjectAL.org](http://www.The2014ProjectAL.org).

American Association of University Women

<http://huntsville-al.aauw.net/>



## June 9–12, 2013 - 2013 AAUW National Convention

Have you made arrangements to [come to New Orleans](#) in June for the AAUW National Convention? If you have attended a previous convention you know firsthand how valuable this opportunity can be. This year's program is even more targeted to member needs, with [hands-on tools](#) to grow your branch, energize your grassroots campaigns, and even take on a new community outreach program!

You'll learn how to keep your membership and broader community engaged in a world that constantly competes for attention and priorities.

There is no other group like AAUW and no better way to connect with our rich community than at convention. There's something special about being among so many people driven toward the same goal: a world where women and girls are free to pursue their dreams without barriers.

Come to New Orleans this summer and experience a convention like no other in AAUW's history. You'll learn new skills and leave better prepared to help grow your branch. You'll be inspired by [compelling speakers](#) like Lilly Ledbetter, Melissa Harris-Perry, and Cynthia D'Amour. And you'll renew old friendships and create new ones. [Register now](#) for the best-value rate before it expires February 3.

See you there, as we learn to lead across generations.

### Breaking Through Barriers – Diversity

I never doubted that equal rights was the right direction. Most reforms, most problems are complicated. But to me there is nothing complicated about ordinary equality.

*Alice Stokes Paul, American Suffragist and Activist (January 11, 1885 – July 7, 1977).*